



2010 Phoenix Start! Heart Walk & 1 Mile Stroke Walk

Thank you for joining our team and helping to build healthier lives free of cardiovascular diseases & stroke.

Saturday, February 27, 2010
Tempe Beach Park

Join the HealthSouth Scottsdale / East Valley Heart and Stroke Walk Team

8:30 am: Opening Ceremonies
9:00 am: **Start 5K Heart Walk**
9:00 am: **Start 1 Mile Stroke Walk**
10:00am: Heart Healthy Festival Begins



Participate in either a 5K or a 1 Mile noncompetitive fundraising Walk followed by a Heart Healthy Festival, featuring interactive and educational vendor booths, a live band, kid's games and celebrity appearances.

Location Details

Rio Salado Pkwy & Mill Ave

Use 54 W. Rio Salado Parkway, Tempe AZ for directions

From the West Valley take the 101 to the I-10 to the 202

From the East Valley take the 60 to the 101 to the 202

From Scottsdale take Scottsdale Road to Rio Salado Pkwy

For more information contact **Melinda Theobald HS Scottsdale** at melinda.theobald@healthsouth.com or **(480) 551-5423**



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